



IYENGAR YOGA

Sarasota



JULY 2017

IYENGAR YOGA

CERTIFIED IYENGAR TEACHERS

Susan Marcus, PhD

Deborah Di Carlo

Paula Curtis

TEACHER IN TRAINING

Jayanthi Gopalakrishnan



810 Central Avenue
Sarasota, FL 34236

Monday

5:30 to 7:00 PM — Level 2/3

Tuesday

8:15 to 9:45 AM — Level 1-2

No class July 4th

Thursday

8:15 to 9:45 AM — Level 1-2

6:15 to 7:45pm — Level 1

Saturday — Beginner/Intro Series July 1 to July 29

11:00 AM to 12:30 PM

No class July 8 or July 15

Go to www.rosemarycourt.com to pre-register for classes.
\$14.00 drop in or \$80 for 8 classes.

Contact Susan:

941-363-1085

susan@iyengaryogasarasota.com



On Monday July 31st, we begin classes in our new location:

312 N. Osprey Ave. Sarasota 34236

Contact susan@iyengaryogasarasota.com

"Yoga is ... perfect harmony of the body, senses, mind and intellect, reason, consciousness and self. When all these are integrated that is true Yoga." - B.K.S. Iyengar

www.iyengaryogasarasota.com