



IYENGAR YOGA
Sarasota



APRIL 2017 YOGA CLASS SCHEDULE

CERTIFIED IYENGAR TEACHERS

Paula Curtis

Deborah Di Carlo

Susan Marcus, PhD

Jayanthi Gopalakrishan, Teacher in Training

Sign up for classes at @
www.rosemarycourt.com

Contact Deborah:
941-538-2238
deborahd@iyengaryogasarasota.com

Contact Susan:
941-363-1085
susan@iyengaryogasarasota.com



*Rosemary
Court*

810 Central Avenue
Sarasota, FL 34236

Monday

5:30 to 7:00 PM — Level 2-3

Tuesday

8:15 to 9:45 AM — Level 1

Wednesday

8:15 to 9:45 AM

Beginner/Level 1

Thursday

8:15 to 9:45 AM — Level 1-2

6:15 to 7:45pm — New start time

Beginner/Level 1

Saturday — Beginner/Intro Series

Mar 11 to Apr 29th

11:00 AM to 12:30 PM

"Your body exists in the past and your mind exists in the future. In yoga, they come together in the present - B.K.S. Iyengar"

www.iyengaryogasarasota.com